

“Many people in recovery face great fear in entering or reentering community life. We must be in a position to say, “Take my hand and I will take you there.” To offer those words, we must first know that community terrain and have connections with its people and institutions.”

– William White

OUR GUIDING PRINCIPALS:

- We envision a world where the power, hope and healing of recovery from alcohol and other addiction is thoroughly embraced and understood.
- We believe that people are in recovery if they say so.
- We acknowledge that there are many pathways to recovery.
- We focus on the recovery potential, not the pathology.
- We work respectfully with diverse community members and groups.

LET'S CONNECT:



800-604-8978

info@pcacolorado.com

To learn about our class offerings visit

www.pcacolorado.com

Cloud-based. Anytime, Anywhere.

OFFERING TWO DISTINCT TRAINING TRACKS:

CCAR - Connecticut Community of Addiction Recovery

- ✓ Recovery Coach Academy Training
 - ✓ Ethical Considerations
- ✓ Professionalism and Recovery Coaching
 - ✓ Recovery Coaching in the Emergency Department
 - ✓ Spirituality for Recovery Coaches
 - ✓ Coachervision
 - ✓ Recovery Coaching Basics
- ✓ Recovery Coaching for Young Adults
 - ✓ Training of Trainers

CHOICE Peer Recovery Trainings (English and Spanish)

- ✓ Peer Recovery Coach Training
- ✓ Recovery 50 for Law Enforcement
- ✓ Recovery 101 for Community Members & Partners
 - ✓ Recovery Coaching in the ED
 - ✓ Ethical Foundations for Peer Recovery Workers
- ✓ HIV/AIDS for Peer Recovery Workers
 - ✓ Suicide Prevention for Non Clinical Workers
- ✓ Motivational Interviewing 101
- ✓ Motivational Interviewing 201

Cloud-Based
Virtual RCO

The logo for Embark Peer Coach Academy features the word "Embark" in a large, green, sans-serif font with a stylized green leaf above the letter 'a'. Below "Embark" is a grey silhouette of a mountain range with a green leaf on top. Below the mountain range is the text "PEER COACH ACADEMY" in a grey, all-caps sans-serif font.

Embark
PEER COACH
ACADEMY

RECOVERY COACHING

- SERVICES
- EDUCATION
- TRAINING
- RESOURCES
- DEVELOPMENT

PEER COACH
ACADEMY
Embark

RECOVERY TAKES PRACTICE.
Now, practice with us anywhere!

“The Ability to Transform a Situation is Deeply Rooted in One’s Being”

ABOUT EMBARK | PCA

Since 2015, PCA has consistently provided CCAR Recovery Coach Training and Education. Our focus is always on the individual. The goal of the Recovery Coach Professional (RCP) is to help individuals reach their full potential in recovery.



OUR LEADERSHIP

Rod Rushing is a Certified Addictions Counselor III, a Certified Core CCAR Recovery Coach Trainer, a Colorado Credentialed Peer & Family Support Specialist, and a community organizer with over 15 years of experience mentoring/supporting people as well as discovering new applications of peer to peer support.

Rod works to strengthen access and remove barriers to recovery support systems and facilitate people’s reintegration into wellness/recovery.

VIRTUAL CLUBHOUSE www.embarkreco.com/events

Our Recovery Clubhouse has a calendar packed with virtual events from different recovery community organizations across the state and beyond, and includes daily Spanish language programming.

“All Recovery” meetings, weekly “Smart Recovery” meetings, and “12-Step Yoga” are scheduled, with over 80 weekly meetings hosted by 10 Colorado Counties.

A weekly “Recover The Fun”, substance-free creative activity group is open to everyone, and a monthly Recovery Coach support group, provides networking and support opportunities to Recovery Coaches.

VOLUNTEER INTERN PROGRAM

The heart of Embark/PCA are volunteers being trained in skills specific to the volunteer’s task, recovery interests and needs. Our volunteers are recruited from all walks of life and bring with them a recovery, cultural, economic, and educational perspective that adds diversity to our team.

Embark/PCA volunteers are college students and interns, individuals in early or long-term recovery, retired professionals, unemployed recoverees, allies, and individuals providing community service hours or probation requirements.

ZOOM / PHONE SUPPORT

ZRS is an innovative, peer-to-peer support service. Trained volunteers that are, in many cases, in recovery themselves, make weekly calls to “check in” and see how people are doing. Recoverees are offered support, encouragement and information about resources that may help them maintain their recovery.

PROFESSIONAL ACCREDITATION EDUCATION

Recovery Coach Professional Track - 60 hours

60 hours of IC & RC Accredited Recovery Coach Training is eligible for at least 3 Credentials

- 1) Colorado Peer & Family Support Credential
- 2) CCAR Recovery Coach Professional Designation
- 3) National Association for Alcoholism & Drug Abuse Counselors National Certified Peer Recovery Support Specialist Credential

Our collaboration with Recovery Community Organizations and Treatment Providers has resulted in 775 coaches trained since 2015, in 17 counties in Colorado:

Mesa, Pitkin, Routt, Garfield, Logan, Boulder, Denver, Arapahoe, El Paso, Jefferson, Douglas, Pueblo, Otero, Crowley, Larimer.

PCA has proudly enlisted the acuity of **mTx’s mTreatment** electronic health record platform, and Zoom video conferencing to make portable and secure some of our functions such as Telephone Support, Resource Brokering, TeleHealth and Crisis Support Management.

From behind the scenes we can easily track, manage, and analyze recovery data. Simple report-building tools make reporting to outside agencies a snap.

We can collaborate with treatment programs to provide aftercare and connection to community.

TELEHEALTH RECOVERY COACHING

PCA has partnered with Colorado-based **ke’nekt** to provide virtual/TeleHealth recovery coaching for treatment providers, residential sober housing, or individuals seeking additional support.

Telehealth Peer Coaching helps those seeking long-term sobriety. This allows you to work with your coach online or by phone, so that you can stay connected wherever you are. Telehealth coaching has allowed many people to progress in their recovery quickly and efficiently from any location.

WHAT PEOPLE SAY:

“I recently completed the Recovery Coach Academy in Carbondale, CO. Rod does a fantastic job teaching the concepts as well as making the course fun and engaging. His dedication is contagious.” – Warrie B.

OUR AFFILIATES AND PARTNERS:

